



multiple sclerosis auckland.

about ms. auckland

Entity type and Legal name:	Multiple Sclerosis Society of Auckland and the North Shore Inc.		
Legal basis:	Multiple Sclerosis Society of Auckland and the North Shore Inc. is a registered Incorporated Society under the Incorporated Societies Act 1908		
Charities Commission No.:	CC10863		
Physical address:	Takapuna Community Services Building Top Floor 5 The Strand Takapuna Auckland 0622	Postal address:	PO Box 33574 Takapuna Auckland 0740
		Phone:	09 845 5921
		Website:	www.msakl.org.nz

our vision.

a world free of MS!

our mission.

Supporting people affected by MS to lead independent, active and fulfilling lives.

who we are.

MS Auckland is a charitable organisation managed by a small office team who handle the running of the Society. A team of professional Field Workers cover the Auckland region providing home visits, phone support, and information to people affected by MS and their families. A volunteer Committee oversees the work and the direction of MS Auckland.

ms. auckland people 2016.

staff support

General Manager

Ingrid Minett

Business Manager

Mark Blackie

Projects Coordinator

Kirsty Whitehouse

Volunteer/Admin Assistant

Carolyn Perkins (to February 2016)

Becky Tucker (from March 2016)

Field Workers

South Auckland

Dianne Bartlett

Central Auckland

Carol Andrews

North Shore

Diane Hampton

West Auckland/Rodney

Georga Forgac (to March 2016)

Andrea Kortas (From July 2016)

the committee

President

Neil Woodhams

Vice - President

Louise Reed

Treasurer

Peter Wood

Secretary

Fran Watts

Committee Members

Michael Cole

Michael Duggan

Kerri Hoy

Robert Irving

Carolyn Perkins

Julie Rogers

Joan Thomson

Graham Wear

Maureen Wood

our supporters

Patrons

Dr. Ernie Willoughby

Dr. Jennifer Pereira

Ambassadors

John and Lorraine Street

Auditors

Lynch Phibbs & Associates

Banks

ASB Takapuna

BNZ Takapuna

Lawyers

Rob Webber & Associates

ms. auckland structure.

Multiple Sclerosis Auckland is an Incorporated Society governed by a Committee. The Constitution specifies that the Committee is to be comprised of the officers of the Society comprising the President, Vice-President, Secretary and Treasurer together with up to eight further Committee members and the General Manager of the Society (ex officio) of which it is desirable that 50% be people with Multiple Sclerosis or their carers.

The four Field Workers employed by the Society are responsible for providing information and support services to people with MS. The four administration staff includes the GM, Business Manager, Projects Co-ordinator and Volunteer/Admin Assistant.

main sources of cash and resources.

In 2016 Multiple Sclerosis Auckland raised funds to cover 92% of its operating expenses through donations, grants from charitable organisations and philanthropic trusts and fundraising endeavours – such as an annual Street Appeal and a charity lunch and auction. They are also the designated charity for Bike the Bridge. The remaining 8% of funds received came from a Disability Information and Advisory contract with the Ministry of Health.

Multiple Sclerosis Auckland manages its financial resources through two mechanisms. Firstly by maintaining adequate cash reserves on deposit with the bank for a minimum of three months operating costs, and secondly through a separate Trust, the MS Auckland Region Trust, which holds long term investments and reserves which are independently professionally managed by Craigs Investment Partners. Some reserves are designated for a future building project, some reserves specifically for research and the remaining funds invested to grow over time, in order to use the income to support the future requirements of the Society.

main methods used to raise funds.

Multiple Sclerosis Auckland is active in applying for grants and has volunteers collecting donations at the entrance of major supermarkets and other stores for their annual Street Appeal. They also hold an annual charity event with auction items and are the nominated charity for the annual Auckland Bike the Bridge event. Multiple Sclerosis Auckland also uses direct mail campaigns to its database of supporters.



reliance on volunteers and donated goods or services.

Volunteers are an integral part of Multiple Sclerosis Auckland's operations. They assist in governance of the organisation through the Committee, as pool assistants in weekly neurological hydrotherapy classes held at six venues around Auckland, as Community Friends who visit homebound people with MS, providing assistance in the office or with events, and as collectors in their annual Street Appeal.

president's report for the year ending 31 december 2016.



After the glitz and glamour of our 50th year in 2015, 2016 can be characterised by back to the grind!

The work of the Society was aimed on building on what we already had in the way of staffing and services and ensuring we were meeting as many of the needs of our members as possible. We started the year with a new General Manager, Ingrid Minett, and she has quickly come to grips with the role and the issues we face.

At a high level we have tried to address ongoing concerns we have with the adequacy and timeliness of services available to people with MS. Because MS is a chronic disease which is mostly not present in an acute phase, Government and DHB funding is allocated elsewhere. I am acutely aware of the huge workload our specialist MS neurologists and MS nurses operate under and my comments are in no way aimed at them. They have worked tirelessly in the interests of people with MS and their patients in a system which has starved them of adequate resources for many years. So far our representations to the DHB have been largely unsuccessful.

We have had a couple of very productive meetings with the MS Neurology service aiming to better align the services the MS nurses provide and our own Field Worker services. If this can be achieved then we will see a cohesive 'hospital to community service' with good results.

However there still remain issues with the adequacy and timeliness of access to MRIs, hospital based physiotherapy, psychology, continence and other services. Finding appropriate respite and long term residential care for younger people with MS remains a real challenge.

These are not only local issues but are also national ones which we are addressing in conjunction with MSNZ.

During the year 59 people were newly diagnosed with MS. Of these 10 or 17% were of Asian ethnicity. This is the first time we have seen MS being diagnosed in such a high proportion to this community. We will be assessing our services to make sure we meet the needs of this population in a culturally appropriate way.

The society had a successful year financially resulting in a small surplus at the end of the year. This was in no small part due to tight control by the staff of our expenditure and the success of our efforts in our fund raising efforts and grant applications. I know some of our members believe we focus too much effort on fund raising. I also understand that even if they would like to some of our members are unable to contribute to the cost of the services we provide. The unfortunate fact is that unless we continue to fund raise we will not be able to sustain our staff and services at current levels.

To those of you who have donated to any of our various fundraising efforts, a sincere thank you. We really appreciate your support.

During the year the Ministry of Health conducted yet another review of the DIAS contracts from which we receive around \$55,000 a year. There were wide expectations that we might lose that funding as a result of that review. It is therefore pleasing to report the funding has been renewed for three years.

The Incorporated Societies Act under we are incorporated is undergoing its first major review since 1908. We are aware of some of the proposed changes and these will require us to make some major changes to our constitution. We have withheld making some other changes until the new act is passed by parliament which now expected in 2018.

Multiple Sclerosis New Zealand

Auckland is one of 18 regional societies which make up MSNZ. In the past there has often been confusion as the respective roles of all of these organisations. As a result neither has been as effective as they might have been. In addition there has been pressure from funders and the government to ensure duplication is minimised and collaboration maximised. During the year MSNZ commissioned a report on the opportunities for collaboration which has been released to the regions for comment and discussion. There was widespread agreement that we need to work more closely together and MSNZ will be working with the regions on the next steps for consultation.

At the same time MSNZ has adopted a Strategic Plan which much more clearly identifies what its role is and as importantly what it will not do. A key role is national advocacy with Government, Pharmac, etc. and MSNZ is putting together a robust advocacy campaign recognising that 2017 is an election year.

At the same time as new research becomes available it is increasingly evident that the current Pharmac access criteria to Disease Modifying Treatments are too restrictive and not supported by current research. Work is underway to assemble the evidence to support a well-argued approach to get better access for more people in line with best international practice. At the same time we are preparing submissions for better access and funding for medicinal cannabis.

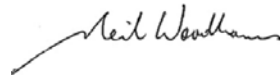
Conclusion

2016 was again a very busy year. We are acutely aware that while we have achieved much there are still a lot of things we could do if we had the resources and staff. Working in a resource constrained environment all of the time is extremely taxing for both the committee but especially the staff.

We are very fortunate in the staff we have especially our Field Workers and office staff, ably led by Ingrid Minett our General Manager. Our sincere thanks go to all of them.

Supporting the staff are large numbers of volunteers, some who provide services every week and others, over 400 of them, who pitch in and help with the Street Appeal.

Key amongst the volunteers are the Committee who have not only regularly attended Committee meetings but also helped out at events and more particularly provided wise advice and counsel to me. To Louise Reed, Vice President, Peter Wood, Treasurer and our retiring Secretary Fran Watts and the rest of Committee, my sincere thanks.



Neil Woodhams
PRESIDENT

general manager's report.

2016 was a good year for MS Auckland at a number of levels. Firstly, we didn't operate at a deficit. For a small charity that is almost entirely reliant on grants, trusts and donations, this is great news. We were also able to do this without cutting back on services and continuing to provide all existing services and more to the MS community. We are so very grateful to our funders, supporters, and partners! We could not continue to provide our valued services without them.

We welcomed two new employees through the year. Becky joined us in March as our administration and volunteer coordinator, and Andrea joined us in July to fill the West Auckland Field Worker vacancy. Both were quick to pick up the responsibilities of their roles and become a part of our close knit team.

The Field Workers had a busy year. The start of the year saw an unusually high number of newly diagnosed people being referred through, and the busy pace continued throughout the year. Carol also trained to deliver the Minimising Fatigue, Maximise Life programme, and delivered two of the six week programmes in 2016 with very positive feedback.

The Hydrotherapy classes, operating in 6 Auckland pools, initially saw a decline in numbers in all areas other than Central Auckland. Promotional efforts paid off and gradually new people came on board and began enjoying the benefits from regular water based exercises. The end of the year saw more people attending in 2016 than in previous years. We are grateful for Rope Neuro Rehabilitation who lead the classes and provide us outcome measures that analyse the programme on a number of objectives including improved muscular strength, improved cardiovascular health, improved balance and improved quality of life.

Yoga was reintroduced in 2016 in two different areas – Birkenhead and Mt Wellington. It was well received by

those who attended although the numbers were quite small. We will continue to look at ways to deliver yoga or other exercise classes over the coming year.



A major highlight this year was Awareness Week. We partnered with MSNZ and Attitude to produce 3 short videos on MS. These were beautifully done, thanks to the professional team at Attitude and the 4 beautiful people who fronted the videos. It is a wonderful resource which will continue to be used for years to come.

There were so many highlights for 2016. All in all it was a great year. I would like to thank our Committee members for their on-going work and commitment to MS Auckland. They support our essential fundraising efforts and provide me with guidance and advice. Neil Woodhams, our President, deserves special mention. For many years now he has gone above and beyond to support MS both regionally and nationally. There are so many to thank and acknowledge - too many for me to mention here. Hopefully you know who you are and you know how much your support means to us. I would like to give special mention to our patrons, the MS nurses, our volunteers, and my amazing team of office and Field Workers.

I am inspired by quotes, so would like to end with one from Albert Einstein - "There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."

With gratitude and best wishes,



Ingrid Minett
General Manager

memberships.

Membership fees for 2016 remained constant and assisted MS Auckland with funds for service provision for people with MS. Everyone with MS was entitled to one visit from a Field Worker and information books and resources. If they decided to join the Society then they were able to benefit with on-going Field Worker support and free or subsidised programmes, workshops and events.

Membership fees for 2016

Individual	\$40/year
Family	\$55/year
Beneficiary	\$20/year
Life membership	\$400.00

honorary life members at the end of 2016.

Barbara Broome
Bruce Cameron
David Ashton
Judy Wear
Jo Smith
Ken Hall
Nancy Caughie

Roger and Judith Linton
Tina French
Graeme Sinclair
Milton Jennings
Ken Wadham
Doug and Marvyn Smith

field worker services.

The key service provided by MS Auckland is the professional Field Worker service. The Field Workers aim to see every newly diagnosed person in the comfort of their own home and assist them with understanding and living with MS. They work closely with the MS Nurses at Auckland hospital with the goal of providing a comprehensive integrated approach to MS care.

In March 2016 our West Auckland/Rodney Field Worker left us after 8 years of service. Carol Andrews, Diane Hampton and Dianne Bartlett were kept extra busy providing continued support to people living in the area until Andrea Kortas joined the team early in July.

Key services provided by the Field Workers include:

- Visiting with each newly diagnosed person
- Providing on-going follow up for people via home visits or phone calls
- Providing information on a wide variety of issues (from support aids, to funding support, to care facilities)
- Providing referrals to health and counselling services
- On-going assessments
- Assisting with accessing services and other needs
- Organising peer support groups, social networks, workshops
- Liaising with Health professionals
- Being a listening ear



*Carol
Central
Auckland*

*Dianne
South
Auckland*

*Andrea
West
Auckland*

*Diane
North
Shore*

The feedback we receive on our Field Workers is overwhelmingly positive. In some cases they have been referred to as 'life savers'.

For some of our long term members the Field Workers have been able to provide a continuity of care through the years and have supported not just the individual but the partner, children and the extended family as well.

They also work with employers and give talks to other organisations to enable them to understand Multiple Sclerosis, and the unique needs for people living with the condition.

ms. support groups.

In 2016 there were 16 active support groups operating around the Auckland region. Generally the groups meet in a café, although in 2016 a new walking group was formed in the central region. The groups generally meet monthly and provide an opportunity for people with MS to connect with others with the condition and make new friends. Many people find making these connections and getting together each month invaluable.

hydrotherapy.

Hydrotherapy sessions are offered 6 times a week at 6 different pools across Auckland. The sessions are run through Rope Neuro Rehabilitation. Professional Neuro Physiotherapists guide the class through a whole body workout designed to provide many benefits for people with MS, including: improved muscle strength, improved fitness, improved gait and mobility, reduced fatigue, and increased quality of life. The sessions have gained in popularity each year since starting in 2011, with attendance at the pools reaching 1,603 for the 2016 year.



yoga.

During the year yoga sessions were re-introduced and trialled throughout Auckland. The first 5 classes were held in April in a church hall in Birkenhead. This was followed by a one off yin and meditation workshop at the Om Yoga Studio in Mt Wellington and then a series of Sunday drop in sessions in the same studio. While a number of regulars thoroughly enjoyed the sessions, low overall participation meant that we could not continue in the same format. This will be reviewed and hopefully other alternatives can be explored in the coming year.



minimising fatigue, maximising life.

In 2016 our Field Worker, Carol Andrews, became trained to deliver the 6 week Minimise Fatigue, Maximise Life programme for people living with MS related fatigue. The course was designed in New Zealand by health professionals and people with MS. Evaluations of the programme show that people who attend experience significant improvements in their fatigue as well as benefits in other aspects of their life. A take-home workbook is included in the course.

Two courses were delivered in 2016 – one in June and one in October. By bringing the course in house we have also been able to offer post-programme follow ups. We were very pleased to see that the first group were continuing to put into practice what they had learned on the course and were enjoying the benefits.

wellness workshops.

Three Wellness Workshops were held throughout the year.

9 April – Advance Care Planning
30 July – Taking Control of our Life Changes
15 October – Managing Wee Problems

Each workshop was held at the centrally located Commerce Club in Remuera. About 30 people attended each morning workshop, which also included a light morning tea and an opportunity to meet up with old friends or make new friends.



research day.

The annual Research day in 2016 was once again held at the Alexandra Park Race Course and had 132 people in attendance. Most people attending were living with MS or had family members with MS and were keen to hear of the newest developments and research.

Special guest speakers were: Brett Drummond from MStranlate in Melbourne; Dr Travis Stiles, CEO of Novoron Bioscience, Inc. from California, USA; Dr Jennifer Pereira, Patron of MS Auckland and Neurologist at Auckland City Hospital and Senior Lecturer in Neurology at the University of Auckland; Dr Scott Graham, head of the Neuro-Immune Interactions Research Group in the Centre for Brain Research University of Auckland; and Dr Deborah Mason, consultant Neurologist at Christchurch Public Hospital.

The sessions were videoed and made available on the MS Auckland website for later viewing. This free event includes a lunch and opportunity to speak to top researchers and experts in MS. It is very well received with people coming in from outside Auckland to be in attendance.

awareness week.

In 2016 for the first time we worked together with MSNZ and Attitude to create a timeless series of videos for Awareness Week. The videos show what MS is and how it affects people living with it and their families. The team at Attitude (<http://attitudelive.com/>) did a superb job of each of the videos and also shared each one on their website and facebook, ensuring widespread reach. We are most grateful to Attitude and to our four wonderful video stars – Judith Pullen-Burry, Mandy Pope, Jonas Scheibein and Julia Winter. They are all people in Auckland who are living with MS and who agreed to come forward and share their experiences on camera. Their images are also on our posters, flyers and social media. Coming forward and telling the world that you have MS is not always easy and we would like to acknowledge the courage of these four people and all they have done to raise the awareness of the disease.

The first video was released in time for the start of Awareness Week. It was one and a half minutes long and also made into a 30 second version to be aired in the BNZ banks. This video enjoyed the widest reach and reached over 60,000 people, not including the people who would have seen it playing in the BNZ. The second video was released at the end of September. It is only 45 seconds long and provides more information on MS symptoms. The final video was released a month later and follows Julie and her experiences in living with MS. We anticipate that these videos will continue to raise awareness and make an impact over the coming years.

newly diagnosed day.

MS Auckland once again supported the 'newly diagnosed day' organised by the MS Nurses at Auckland Hospital. It was held at a new venue in Parnell and enjoyed an excellent turn out. Special guest speaker was psychologist Sally Shaw from Melbourne. She also lives with MS and spoke on strategies to consider as you move on with your MS. The whole day was very well received.

magazine and e-news.

'Multiple News' is the name of the MS Auckland magazine. In 2016 it was redesigned and was produced and printed quarterly. The magazine was posted out to about 450 homes, and delivered to libraries, hospitals, clinics and surgeries. The magazine is also available for reading on the MS Auckland website.

In 2016 a regular monthly e-newsletter was sent out providing monthly updates and news to all subscribers.



other services.

Library – MS Auckland has an excellent lending library with a wide range of books as well as CDs available to loan.

Taxis – When transport is a barrier to people attending support groups, workshops or other events, MS Auckland assists by paying for the provision of a taxi.

Recognition to Good Employers – In 2016 we presented the first Certificate to an Employer in recognition of them being an excellent employer for a person living with MS. It was presented to the Manager at Mitre 10 Pukekohe, from a nomination by Heather Grey. We hope to be able to recognise more excellent employers in the coming years.

Christmas Lunch – The end of the year Christmas Lunch is always a fun event. People who have volunteered through the year and key donors are invited to attend and all others pay a small amount to cover the cost of a big Christmas banquet. This year we were thrilled to also present Peter Wood with a Carer of the Year award, in recognition of the wonderful support and care he offered to his wife with MS, Maureen. The four Awareness Week video stars also attended and spoke a bit on their experience with the filming of the videos and what it meant to them.



major fund-raising events.

With only 8% of our operating expenses covered by the Ministry of Health, fundraising has become an important revenue stream for MS Auckland. Three main fund-raising events for us through the year continues to be 'Life Buoy' – a charity dinner and auction event, the annual Street Appeal, and Bike the Bridge.

life buoy

This was the third time we have held this event. We were fortunate to be able to book the Lower NZI Room in the Aotea Centre, having outgrown the Royal New Zealand Yacht Squadron which had been used the previous two years. Fidelity Life and Harcourts Cooper & Co once again sponsored the event, with Mazda coming on-board as a first time sponsor as well. 265 attendees enjoyed a delicious three course luncheon and fine wines. Special guest speaker Mark Inglis provided a motivational and inspiring talk and our fabulous auctioneer, Martin Cooper of Harcourts Cooper & Co encouraged people to dig deep into their pockets for an amazing array of donated items.

street appeal

This nationwide event is well supported in Auckland with many volunteers giving up their time to stand outside venues and rattle the bucket for street donations. Total revenue over the two days of the appeal exceeded budget this year, thanks to the hard work of a large number of volunteers and community groups.

bike the bridge

Once again the sun came out for this annual event which drew large crowds of people all keen to Bike over the Auckland Harbour Bridge. MS Auckland is thrilled to be the designated charity for Bike the Bridge and are grateful for the support of the event organisers in raising funds and raising the profile of MS.

other fundraising events.

We are most grateful to the people who raise money on our behalf. In 2016 we were fortunate to get to know some very talented and inspiring individuals who organised events, made CD's and ran marathons on behalf of MS Auckland. We are so very appreciative of their generosity and kindness and feel so blessed to have their support.

bequests.

No bequests were received in 2016 (other than funding from the Estate of Lipanovich & Covich Trust, administered by Perpetual Guardian with income distributed annually to us and five other chosen charities).

INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF THE MULTIPLE SCLEROSIS SOCIETY OF AUCKLAND AND THE NORTH SHORE INCORPORATED

Report on the Performance Report

Opinion

We have audited the accompanying performance report of The Multiple Sclerosis Society of Auckland and The North Shore Incorporated (The Society) on pages 14 to 27 which comprise the entity information, the statement of service performance, the statement of financial performance and statement of cash flows for the year ended 31 December 2016, the statement of financial position as at 31 December 2016, and the statement of accounting policies and other explanatory information.

In our opinion:

- a) The reported outcomes and outputs, and quantification of the outputs to the extent practicable, in the statement of service performance are suitable
- b) The performance report on pages 2 to 16 presents fairly, in all material respects, :
 - The entity information for the year then ended;
 - The service performance for the year then ended; and
 - The financial position of The Society as at 31 December 2016 and its financial performance and cash flows for the year then ended.

in accordance with Public Benefit Entity Simple Format Reporting – Accrual (Not-For-Profit) issued by the New Zealand Accounting Standards Board.

Basis for Opinion

We conducted our audit of the statement of financial performance, statement of financial position, statement of cash flows, statement of accounting policies and notes to the performance report in accordance with International Standards on Auditing (New Zealand) (ISAs (NZ)), and the audit of the entity information and statement of service performance in accordance with the International Standard on Assurance Engagements (New Zealand) ISAE (NZ) 3000 (Revised). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Performance Report section of our report. We are independent of The Society in accordance with Professional and Ethical Standard 1 (Revised) Code of Ethics for Assurance Practitioners issued by the New Zealand Auditing and Assurance Standards Board, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

independent auditor's report.

Other than in our capacity as auditor we have no relationship with, or interests in, The Society.

The Responsibility of Management Committee for the Performance Report

Management Committee is responsible on behalf of the entity for:

- (a) Identifying outcomes outputs, and quantifying the outputs to the extent practicable, that are relevant, reliable, comparable and understandable, to report in the statement of service performance;
- (b) The preparation and fair presentation of the performance report which comprises:
 - The entity information;
 - The statement of service performance; and
 - The statement of financial performance, statement of financial position, statement of cash flows, statement of accounting policies and notes to the performance report

in accordance with Public Benefit Entity Simple Format Reporting – Accrual (Not-For-Profit) (issued in New Zealand by the New Zealand Accounting Standards Board), and

- (c) For such internal control as the Management Committee determines is necessary to enable the preparation of the performance report that is free from material misstatement, whether due to fraud or error.

In preparing the performance report, the Management Committee is responsible on behalf of The Society for assessing The Society's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless Management Committee either intends to liquidate The Society or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Performance Report

Our objectives are to obtain reasonable assurance about whether the performance report is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (NZ) and ISAE (NZ) 3000 (Revised) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this performance report.

As part of an audit in accordance with ISAs (NZ) and ISAE (NZ) 3000 (Revised), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the performance report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of the use of the going concern basis of accounting by the Management Committee and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Society's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the performance report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Society to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the performance report, including the disclosures, and whether the performance report represents the underlying transactions and events in a manner that achieves fair presentation.
- Perform procedures to obtain evidence about and evaluate whether the reported outcomes and outputs, and quantification of the outputs to the extent practicable, are relevant, reliable, comparable and understandable.

We communicate with the Management Committee regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Lynch Phibbs & Associates

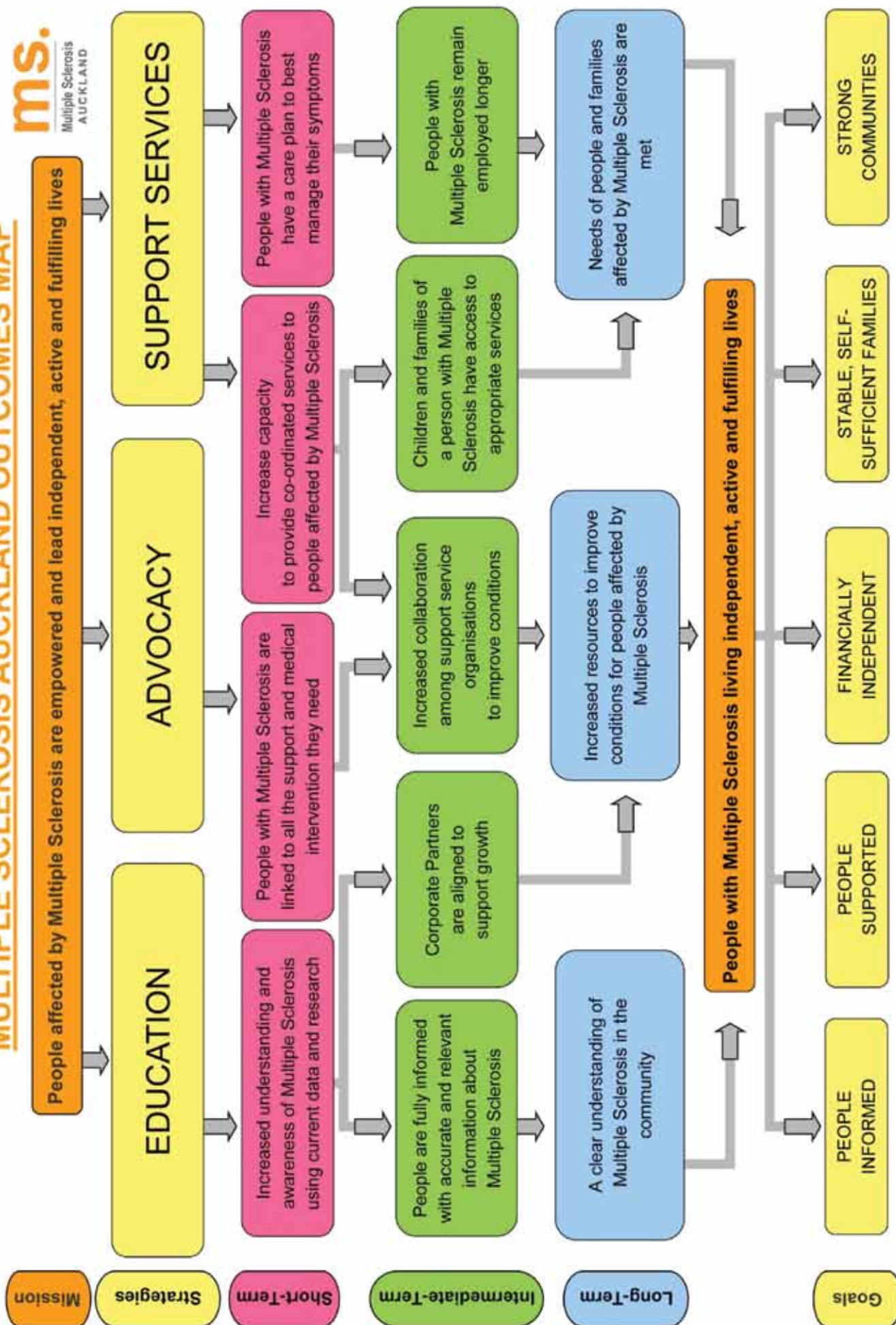
Lynch Phibbs & Associates

29 March 2017

Parnell Auckland

Lynch Phibbs
& Associates

MULTIPLE SCLEROSIS AUCKLAND OUTCOMES MAP



THE MULTIPLE SCLEROSIS SOCIETY OF AUCKLAND AND THE NORTH SHORE INCORPORATED

Statement of Service Performance

For the Year Ended 31 December 2016

The Society Outcomes Outcomes

The Society is established for charitable purposes to assist those persons in Auckland suffering from Multiple Sclerosis and allied neurological conditions and their families to achieve more rewarding lives.

The Outcomes of Multiple Sclerosis Auckland include:

- Promoting the interests of people living with Multiple Sclerosis
- Supporting people with Multiple Sclerosis, their families and dependents
- Publishing and/or distributing information to raise awareness about MS, provide information to people living with MS and information on the services provided by MS Auckland

Multiple Sclerosis Auckland's Outputs:	Actual 2016	Actual 2015
Total Communications with Clients	10,234	8,340
Home Visits	407	495
Community Outreach	3,823	N/A
Wellness Workshops Attended	135	150
Hydrotherapy Attended	1,610	1,526
Research Day Attended	143	109
Support Group Attended	823	780
Taxis Provided	160	297
Magazines Distributed	4,765	4,750
Volunteer Hours	8,028	7,000

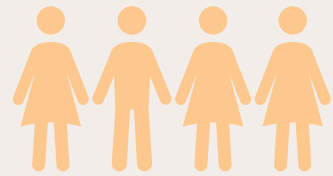
MS Auckland continually seeks feedback from people accessing their information, services and workshops. We continue to receive excellent and satisfactory feedback with positive indications that we are meeting the needs of people with MS and their families and that they are benefiting from the services. Where we receive feedback for improvements we also respond, enabling us to continually improve the quality of information and services we provide. Suggestions for additional services are also considered, bearing in mind financial considerations and possible constraints.

Infographic

January - December 2016



Field Workers
3 FTE



Support Staff
3.25 FTE



1000
People with MS
in Auckland



10,234

Communications
with Clients



407

Home Visits by
Field Workers



2,721

Support Calls
Made



3,823

Community
Outreach



135

People attended Wellness Workshops
on a variety of topics

1,610
People attended Hydrotherapy sessions across
six Auckland venues



143

People attended our annual Research Day with local and
international speakers presenting

160

Taxi's were provided for people with Multiple Sclerosis



823

People attended MS Support and Networking groups

4,765

Multiple News magazine and e-newsletters distributed to
the MS community, health Professionals and other outlets



8,028

Volunteer hours spent assisting in the office, at
Hydrotherapy, Support Groups, Events and Admin

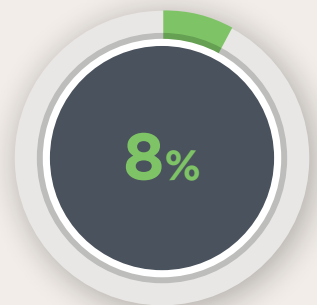
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Major Fundraising events

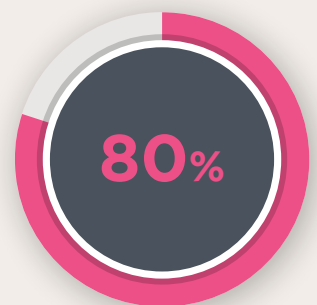


4000+

The reach of our service
throughout Auckland,
including people with MS,
their carers, families, friends,
employers and other agencies



of operating expenses
received from Ministry
of Health funding



of funds raised goes back
into supporting people with
Multiple Sclerosis in
the Auckland region

Multiple Sclerosis Auckland

PO Box 33574 Takapuna, Auckland 0740
Top Floor, 5 The Strand, Takapuna, Auckland 0622
09 845 5921 | info@msaki.org.nz | www.msaki.org.nz



THE MULTIPLE SCLEROSIS SOCIETY OF AUCKLAND AND THE NORTH SHORE INCORPORATED

Statement of Financial Performance

For the Year Ended 31 December 2016

	Notes	2016	2015 \$
Revenue			
Donations, fundraising and other similar receipts	2.1	597,049	600,914
Fees, subscriptions and other receipts from members		11,407	12,152
Revenue from providing goods and services	2.2	71,512	70,601
Interest, dividends & other investment income receipts		2,011	2,414
Other revenue		-	-
Total revenue		<u>681,980</u>	<u>686,081</u>
Expenses			
Expenses related to public fundraising	3.1	117,972	131,471
Volunteer and employee related payments	3.2	362,675	402,776
Cost related to providing goods and services	3.3	124,585	156,192
Grants and donations made		-	-
Other expenses	3.4	29,908	44,376
Total expenses		<u>635,139</u>	<u>734,815</u>
Total surplus/(deficit) for the year		<u>46,841</u>	<u>(48,734)</u>

THE MULTIPLE SCLEROSIS SOCIETY OF AUCKLAND AND THE NORTH SHORE INCORPORATED

Statement of Financial Position

As at 31 December 2016

	Notes	2016	2015 \$
Current assets			
Bank accounts and cash	4.1	158,935	197,684
Debtors and prepayments	4.2	9,057	5,139
Inventory (books)		-	379
Term deposits - maturity in 3 months to 1 year	4.3	36,900	-
Other Current Assets		-	-
Total current assets		204,892	203,202
Non-current assets			
Property, plant and equipment	5	31,307	42,739
Investments		-	-
Total non-current assets		31,307	42,739
Total assets		236,199	245,942
Current liabilities			
Bank overdraft		-	-
Creditors and accrued expenses	4.4	9,755	16,963
Employee costs payable		21,746	39,859
Unused donations and grants with conditions		110,883	142,145
Total current liabilities		142,384	198,967
Non-current liabilities			
Loans		-	-
Total non-current liabilities		-	-
Total liabilities		142,384	198,967
Total assets less total liabilities (Net assets)		93,815	46,975
Accumulated funds			
Capital contributed by owners and members		-	-
Accumulated surpluses/(deficits)		93,815	46,974
Reserves		-	-
Total Accumulated funds	6	93,815	46,974

THE MULTIPLE SCLEROSIS SOCIETY OF AUCKLAND AND THE NORTH SHORE INCORPORATED

Statement of Cash Flows

For the Year Ended 31 December 2016

	Notes	2016	2015 \$
Cash flows from operating activities			
<i>Cash was received from:</i>			
Donations, fundraising and other similar receipts		558,247	651,084
Fees, subscriptions and other receipts from members		11,407	12,152
Receipts from providing goods or services		75,364	65,468
Interests, dividends and other investment receipts		1,781	2,377
		<u>646,799</u>	<u>731,080</u>
Net GST*			
<i>Cash was applied to:</i>			
Payments to suppliers and employees		640,493	692,422
Donations or grants paid		-	-
		<u>640,493</u>	<u>692,422</u>
Net cash flows from operating activities		6,306	38,659
Cash flows from investing and financing activities			
<i>Cash was received from:</i>			
Receipts from the sale of property, plant and equipment		10,435	870
Receipts from the sale of investments		-	-
Proceeds from loans borrowed from other parties		-	-
Capital contributed from owners or members		-	-
		<u>10,435</u>	<u>870</u>
<i>Cash was applied to:</i>			
Payment to acquire property, plant and equipment		18,590	12,040
Payments to purchase investments		36,900	-
Repayments of loans borrowed from other parties		-	-
Capital repaid to owners or members		-	-
		<u>55,490</u>	<u>12,040</u>
Net cash flows from investing and financing activities		(45,055)	(11,171)
Net increase/(decrease) in cash		(38,749)	27,488
Opening cash		197,684	170,196
Closing cash		158,935	197,684
This is represented by:			
Bank accounts and cash	4.1	158,935	197,684

THE MULTIPLE SCLEROSIS SOCIETY OF AUCKLAND AND THE NORTH SHORE INCORPORATED

Statement of Accounting Policies

For the Year Ended 31 December 2016

1. Accounting Policies

1.1 Basis of preparation

The Multiple Sclerosis Society Of Auckland And The North Shore Incorporated (the "Society" has elected to apply PBE SFR-A (NFP) Public Benefit Entity Simple Format Reporting - Accrual (Not-for-profit) on the basis that it does not have public accountability and has total annual expenses of equal to or less than \$2,000,000. All transactions in the Performance Report are reported using the accrual basis of accounting. The Performance Report is prepared under the assumption that the entity will continue to operate in the foreseeable future.

1.2 Goods and Services Tax (GST)

The Society is registered for GST. The amounts recorded in the Performance Report are exclusive of GST. Only accounts payables and receivables are recorded GST Inclusive.

1.3 Bank accounts and cash

Bank Accounts and Cash in the Statement of Cash Flows comprise cash balances and bank balances (including short term deposits) with original maturities of 90 days or less.

1.4 Income Tax

The Society is registered as a charitable entity under the Charities Act 2005 and is exempt from income tax under the income tax legislation.

1.5 Revenue

Revenue is recognised to the extent that it is probable that the economic benefit will flow to the Society and revenue can be reliably measured. Revenue is measured at the fair value of the consideration received. The following specific recognition criteria must be met before revenue is recognised.

Donations, fundraising and other similar revenue

Donations are recognised as revenue upon receipt.

Grant revenue includes grants given by other charitable organisations, philanthropic organisations and businesses. Grant revenue is recognised when the conditions attached to the grant has been complied with. Where there are unfulfilled conditions attaching to the grant, the amount relating to the unfulfilled condition is recognised as a liability and released to income as the conditions are fulfilled.

Revenue from legacies and estates that satisfies the definition of an asset is recognised as revenue when it is probable that future economic benefits or service potential will flow to the entity, and the fair value can be measured reliably.

THE MULTIPLE SCLEROSIS SOCIETY OF AUCKLAND AND THE NORTH SHORE INCORPORATED

Statement of Accounting Policies

For the Year Ended 31 December 2016

Revenue from providing goods and services

The Society receives revenue from sales of books. Revenue is recognised in the period the goods and services are provided.

Interest revenue

Interest revenue is recognised as it accrues, using the effective interest method.

1.6 Property, plant and equipment

Items of property, plant and equipment are measured at cost less accumulated depreciation and impairment losses. Cost includes expenditure that is directly attributable to the acquisition of the asset. Where an asset is donated to the entity, its cost is measured at its current value as at the date of acquisition.

Depreciation is charged on a diminishing value basis, except for land and buildings which are not depreciated. Depreciation is charged at rates calculated to allocate the cost or valuation of the asset less any estimated residual value over its remaining useful life:

• Leasehold Improvements	50%
• Motor Vehicles	30%
• Office Furniture & Equipments	10-50%
• Aid Equipments	26-67%

Depreciation methods, useful lives and residual values are reviewed at each reporting date and are adjusted if there is a change in the expected pattern of consumption of the future economic benefits or service potential embodied in the asset.

1.7 Leases

Payments on operating lease agreements, where the lessor retains substantially the risk and rewards of ownership of an asset, are recognised as an expense on a straight-line basis over the lease term.

1.8 Changes in accounting policy

For the year ended 31 December 2015 the Society prepared its financial statements under General Purpose Financial Reporting framework. The transition to Public Benefit Entity Simple Format Reporting Accrual (Not-For-Profit) (PBE SFR-A (NFP)) has had minimum effect on the Statement of Financial Position and / or the Statement of Financial Performance.

Notes to the Performance Report

For the Year Ended 31 December 2016

2. Analysis of Revenue

2.1 Donations, fundraising and other similar receipts

	2016	2015
	\$	\$
Bequests	4,000	6,000
Direct Mail Donations	23,976	17,150
Donations	56,619	91,732
Events - Income	6,378	7,516
Grants & Trusts	273,992	229,169
Grants from the MS Trust	25,783	20,884
Life Buoy for MS	134,123	156,642
MS Bike the Bridge	10,146	22,738
Sales: Books, Pens, Entertainment Guides	1,096	1,035
Street Appeal	60,936	48,048
	<hr/> 597,049	<hr/> 600,914

2.2 Revenue from Providing Goods and Services

Advertising	6,960	5,365
Classes	6,849	6,235
Ministry of Health	55,510	55,510
Regional Lunches	1,219	2,069
Workshops & Seminars	974	1,422
	<hr/> 71,512	<hr/> 70,601

3. Analysis of Expenses

3.1 Expenses related to public fundraising

Direct Mail	8,587	13,341
Events	4,001	3,646
Life Buoy for MS	70,470	60,412
MS Bike the Bridge/BDO	5,351	15,752
Print Bequest brochures	1,379	-
Share of Admin Costs	9,900	12,443
Share of Admin Vehicle Costs	1,230	2,115
Street Appeal	17,053	21,420
Training & Recruitment	-	1,441
Vehicle Expenses	-	901
	<hr/> 117,972	<hr/> 131,471

THE MULTIPLE SCLEROSIS SOCIETY OF AUCKLAND AND THE NORTH SHORE INCORPORATED

Notes to the Performance Report

For the Year Ended 31 December 2016

	2016	2015
	\$	\$
3.2 Expenses related to volunteer and employee related payments		
Salaries Admin	74,458	59,729
Salaries Fieldworkers	140,463	150,766
Salaries Other	65,803	67,628
Salaries Fundraising & Events	-	49,892
Salaries Other	79,224	72,086
Volunteers	1,786	1,354
Accident Compensation	942	1,320
	<u>362,675</u>	<u>402,776</u>
3.3 Cost related to providing goods and services		
Client Support	3,320	18,263
Hydrotherapy Central	9,513	10,013
Hydrotherapy East	6,226	7,254
Hydrotherapy North	8,651	9,796
Hydrotherapy Saturday	8,643	7,538
Hydrotherapy South	6,330	5,760
Hydrotherapy West	6,730	6,533
Library & Newly Diagnosed Books	2,488	1,199
Magazine	15,014	17,326
Motor Vehicle Expenses	11,941	14,352
Regional Lunches	1,145	3,177
Research Day	9,853	4,617
Share of Admin Costs	16,889	21,568
Social Media Costs	4,175	12,970
Supervision	2,520	3,130
Training & Development	2,421	2,632
Transport to Support Groups	2,080	2,871
Workshops & Seminars	6,646	7,192
	<u>124,585</u>	<u>156,192</u>

THE MULTIPLE SCLEROSIS SOCIETY OF AUCKLAND AND THE NORTH SHORE INCORPORATED

Notes to the Performance Report

For the Year Ended 31 December 2016

3.4 Other Expenses	2016	2015
	\$	\$
AGM Expenses	887	1,242
Bank Fees & Interest	571	842
Depreciation	18,427	22,893
General Expenses	2,322	1,801
Insurance	1,074	1,110
IT & Telephone	16,548	18,528
Loss on Sale of Assets	1,160	12,960
Meetings	391	1,972
Postage & Couriers	1,589	1,621
Printing	5,667	5,229
Recovery of Admin Costs	(26,789)	(34,011)
Rent	1,826	2,261
Stationery	424	608
Subscriptions	718	708
Training/Recruitment	3,824	5,025
Vehicle Expenses - Admin	1,267	1,587
	29,908	44,376

4. Analysis of assets and liabilities	2016	2015
4.1 Bank accounts and cash	\$	\$
ASB Bank 00 Cheque Account	37,286	58,665
ASB Bank 56 Savings Account	70,050	113,684
Petty Cash Float	300	300
BNZ Savings Account	-	35
BNZ Term Deposit 1	25,690	25,000
BNZ Term Deposit 2	25,610	-
	158,935	197,684

4.2 Debtors and Prepayments		
Accounts Receivable	7,540	-
Accrued Interest	268	37
GST Refund Due	1,250	5,102
	9,057	5,139

4.3 Term deposits - maturity in 3 months to 1 year		
BNZ Term Deposit 3	25,000	-
ASB Bank Term Deposit - 72	11,900	-
	36,900	-

THE MULTIPLE SCLEROSIS SOCIETY OF AUCKLAND AND THE NORTH SHORE INCORPORATED

Notes to the Performance Report

For the Year Ended 31 December 2016

	2016	2015
	\$	\$
4.4 Creditors and accrued expenses		
Trade Creditors	9,603	16,963
MS Auckland Region Trust	152	-
	<u>9,755</u>	<u>16,963</u>

5. Property plant and equipment

2016	Opening carrying amount	Purchases	Sales/ Disposals	Current year depreciation & impairment	Closing carrying amount
Asset class					
Land	-	-	-	-	-
Buildings	-	-	-	-	-
Leasehold Improvements	6,922	970	-	4,261	3,631
Motor Vehicles	17,582	13,043	11,595	4,400	14,631
Office Furniture & Equipments	15,632	4,576	-	8,394	11,814
Aid Equipments	2,603	-	-	1,373	1,230
	<u>42,739</u>	<u>18,590</u>	<u>11,595</u>	<u>18,427</u>	<u>31,307</u>

2015	Opening carrying amount	Purchases	Sales/ Disposals	Current year depreciation & impairment	Closing carrying amount
Asset class					
Land	-	-	-	-	-
Buildings	-	-	-	-	-
Leasehold Improvements	9,438	7,552	9,438	629	6,922
Motor Vehicles	25,117	-	-	7,535	17,582
Office Furniture & Equipments	26,128	2,447	-	12,943	15,632
Aid Equipments	2,347	2,041	-	1,786	2,603
	<u>63,030</u>	<u>12,040</u>	<u>9,438</u>	<u>22,893</u>	<u>42,739</u>

Significant donated assets recorded - source and date of valuation

There were no assets donated to the Society during the year.

Significant donated assets - not recorded

There are no donated assets during the year

THE MULTIPLE SCLEROSIS SOCIETY OF AUCKLAND AND THE NORTH SHORE INCORPORATED

Notes to the Performance Report

For the Year Ended 31 December 2016

6. Accumulated Funds

2016	Capital contributed by owners or members	Accumulate d surpluses	or Reserves deficits	Total
Opening balance	-	46,974	-	46,974
Capital contributed by owners or members				-
Capital returned to owners or members				-
Surplus/(Deficit)		46,841		46,841
Distributions paid to owners or members				-
Distribution to MS Auckland Region Trust				-
Transfers to reserves				-
Transfers from reserves				-
Closing balance	-	93,815	-	93,815

2015	Capital contributed by owners or members	Accumulate d surpluses	or Reserves deficits	Total
Opening balance	-	95,708	-	95,708
Capital contributed by owners or members	-	-	-	-
Capital returned to owners or members	-	-	-	-
Surplus/(Deficit)	-	(48,734)	-	(48,734)
Distributions paid to owners or members	-	-	-	-
Distribution to MS Auckland Region Trust	-	-	-	-
Transfers to reserves	-	-	-	-
Transfers from reserves	-	-	-	-
Closing balance	-	46,974	-	46,974

THE MULTIPLE SCLEROSIS SOCIETY OF AUCKLAND AND THE NORTH SHORE INCORPORATED

Notes to the Performance Report

For the Year Ended 31 December 2016

7. Commitments and contingencies

Commitments	Explanation and timing	2016 \$	2015 \$
Commitments to lease or rent assets	The Society has no Lease or rent	-	-
Commitment to provide loans or grants	None	-	-
Contingency Explanation			
Contingent liability	There are no contingent liabilities	-	-
Guarantees provided	No guarantees provided	-	-

8. Other disclosures

Significant grants and donations with conditions which have not been recorded as a liability

Description	Original Amount	Not fulfilled amount	Purchase and nature of the conditions
None noted			

Goods and services provided to the entity in kind

Description	Amount \$
Lynch Phibbs Limited has provided accounting services to the Society on a pro bono basis.	4,000
	-

Assets used as security for liabilities

No assets have been used as security for liabilities at the reporting date. (2015: \$Nil).

9. Assets held on behalf of others

No assets have been used as security for liabilities at the reporting date. (2015: \$Nil).

THE MULTIPLE SCLEROSIS SOCIETY OF AUCKLAND AND THE NORTH SHORE INCORPORATED

Notes to the Performance Report

For the Year Ended 31 December 2016

10. Related party transactions

Related party transactions during the year are as follows:

		Value of transactions		Receivable/(payable)	
Related party relationship	Description	2016 \$	2015 \$	2016 \$	2015 \$
The MS Auckland Region Trust holds long term investments and reserves, using the income to support the Society	Grants to support the operating requirements of the Society	30,283	20,884	5,000	-

11. Events after the Balance Date

There were no significant subsequent events after the balance date.

12. Ability to Continue Operating

The performance report has been prepared on the going concern basis. The Society has positive net assets and adequate funds to continue operating in the foreseeable future.


THE MULTIPLE SCLEROSIS SOCIETY OF AUCKLAND AND THE NORTH SHORE INCORPORATED

Approval of Performance Report

For the Year Ended 31 December 2016

The Committee hereby approve and adopt the Performance Report of The Multiple Sclerosis Society Of Auckland And The North Shore Incorporated for the year ended 31 December 2016.

Sign



President

27/03/2017

Date

corporate partnerships.

FidelityLife

Harcourts
Cooper & Co

Lynch Phibbs
& Associates
Chartered Accountants

ROB WEBBER
& Associates
LAWYERS

TOYOTA | *Believe*

MAZDA

 **ROD MILNER MOTORS**
DISABILITY VEHICLE SPECIALISTS R.M.V.T.

grants, trusts and foundations.

Auckland Council
Te Kaitiaki o Tāmaki Makaurau

 **Biogen**

Blue Sky
COMMUNITY TRUST

 **Blue Waters**
COMMUNITY TRUST

COGS
Community Organisation
Grants Scheme

Constellation
COMMUNITIES TRUST LIMITED


DRAGON
COMMUNITY TRUST LTD

 **FOUNDATION NORTH**
Te Kaitiaki Pūtea o
Tāmaki o Tai Tokerau

Four Winds
FOUNDATION

 **Infinity**
Foundation

John Ilott
Charitable Trust

 **Lottery Grants Board**
FUNDS FOR YOUR
COMMUNITY

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Maurice Paykel Charitable Trust


MILESTONE
Foundation


MT WELLINGTON FOUNDATION LTD
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Multiple Sclerosis
AUCKLAND REGION TRUST


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guardian

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*with you for
generations
to come* 


Seqirus
A CSL Company



Sir John Logan Campbell
Residuary Estate

 **the**
Southern
trust

SANOFI 

REHABILITATION WELFARE TRUST
Assisting people with disabilities

 **THE TRUSTS**
Community
FOUNDATION

Thank you to our partners and funders for their generosity and support!

bequests for the past five years.

in memoriam.

The Estate of Lipanovich and Covich Trust
Dawn Carrington | Frederick Eklund
Clement Lawford | Marjorie Constance MacDonald
Colin Armishaw | Gertrude Mary Terry
Hope Isabel Stemson

Bronwyn Green | Lesta Pullen
Eunice Crampton | Gerard Bracken
Craig Hindman