

The Healing Power of the Mind



“Learning how to harness your mind to promote growth is the secret of life.”

Bruce Lipton. PhD Cell Biologist



There is much talk these days about the amazing power of the mind. The big challenge is how to get it working for us in a way that supports our health and happiness.

This workshop will be devoted to just that.

The information and tools you will learn in this workshop have the potential to enhance every aspect of your life.

Facilitated by Bev Silvester-Clark

RN, Dip N, Dip Counseling, Dip Psychotherapy

Bev is a registered nurse who saw in her roles of charge nurse that the whole experience of physical illness was made either better or worse for people by what was happening at the level of the mind. She has dedicated her career to establishing ways that help people to turn the mind into a marvelous ally to support health and wellbeing.

Date: Saturday, 10th May 08

Time: 10:00 am – 2:30 pm

9:45 am - Refreshments

Venue:

Institute of Chartered Accountants
Conference Centre
27-33 Ohinerau Street
Remuera
Auckland

Cost: As places are limited, please pay the full fee of \$10 per person when booking.

* Includes light lunch*

RSVP by Monday, 5th May 08 to

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